

# Money Follows the Person (MFP) Initiative Dual Diagnosis Professional Conference Series

## Charting the LifeCourse

Presented by: Lisa Meyer

**Intended Audience:** Clinical Professionals, State Center and State Hospital Staff, Supports Coordinators and Provider Staff including Direct Support Professionals.

**Conference Description:** Throughout our lives, we face questions and search for answers that will help us on our journey to a full and meaningful life. This is true for everyone, especially when you or someone you care about experiences an intellectual disability or complex need. Charting the LifeCourse (CtLC) is a foundation to assist individuals and families in creating a vision for the future. It is designed to help us think about the questions to ask as well as the choices and options to consider as we support people in “planning a course” to a full and meaningful life. It is intended to be a starting point no matter where the person is in their life journey.

Charting the LifeCourse helps professionals who serve individuals with complex needs: 1) to build upon their own understanding of the needs of individuals and families, and 2) as a tool to engage with families individually or in group settings. It is a guide for starting conversations about what individuals need to be successful and self-determined throughout their lives.

The training day will include an overview of the Charting the LifeCourse principles, participant application of the CtLC tools and examples of how people are using CtLC in supporting people with complex needs.

**About the Presenter:** Lisa Meyer has years of national experience supporting state and local level disability systems, providers, case management and educational organizations in developing and implementing strategies to support systems change and embed best practices that support individuals with intellectual disabilities and their families to live purposeful and meaningful lives.

Ms. Meyer is recognized by The Learning Community for Person Centered Practices as a Person-Centered Thinking Mentor Trainer, Coach and Plan Facilitation Mentor Trainer. Ms. Meyer is a member of the CtLC National Team, a CtLC Ambassador Coach and Trainer, and provides technical assistance to CtLC Community of Practice states and teams. Ms. Meyer is also an Associate with Helen Sanderson Associates, USA, supporting states in learning about and using person centered practices.

**Date:** April 26, 2019

**Time:** 10:00 a.m. – 3:00 p.m.  
(Lunch is on your own from 12:00 – 1:00 p.m.)

**Location:**

Capital Area Intermediate Unit,  
55 Miller Street,  
Summerdale, PA 17055

**Registration Fee:** There is no registration fee to participate in this event.

**How to Register:** Visit

<https://www.myodp.org/course/view.php?id=1397> or

navigate to Training > Dual Diagnosis > Professional Conference Series from the MyODP.org homepage.

Registration is first-come, first-served and space is limited.

**Questions:**

Email Brenda Smith at [basmith@columbusorg.com](mailto:basmith@columbusorg.com).

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